

## Team Adrian's prepares for Swim for Life Saturday

It started with a meniscus injury at the end of a bicycle ride along the Medieval pilgrim route through France and Spain called the Camino de Santiago de Compostela. Last fall, Adrian Cyr had joined his young friends Ellery Althaus and Levi Bridges on the last leg of their bicycle ride across the expanse of Russia – a strenuous three-week journey through the Pyrenees Mountains into Portugal. After a two-week rendezvous at Christmas with his wife, Annette, and family, he biked to the end of the pilgrimage route to the St. James shrine in Spain where he injured his knee. He came back home to Truro to begin the healing process.

Adrian and I both grew up in Bristol, Connecticut, and come from families with nine children, but we didn't meet until our mutual friend Paul Fonseca introduced us. An artist and dancer, Paul died of AIDS in the mid-1980s. Adrian's son, Julian, remembers cheerleading at several of the early Swims for Life with David Asher, and with his friends and family.

This June, Adrian and his dog, Hunter, began swimming in the Truro ponds for exercise and he soon increased his skill and enjoyment of the sport while strengthening his knee. When he announced to his staff at Adrian's Restaurant that he planned to join the Swim for Life on September 11 with Hunter, several others decided to join Team Adrian's: Julian Cyr, fresh from an internship at the White House; first-time summer employee, Sinisa Prijic from Serbia, who is a lifeguard and economics student, and the unofficial coach of the team; and Kolby Blehm, a five-summer veteran from California and NYC, who is engaged to be married this fall. Rounding out the team are Todd Schwebel and his two children, Zeno and Freya, who will kayak.

Pledges to Team Adrian's may be made at Adrian's Restaurant, Rt 6, North Truro, or on their webpage at [adriansrestaurant.com/swim/](http://adriansrestaurant.com/swim/).

This weekend's 23rd Annual Provincetown Swim for Life & Paddler Flotilla is open to the public beginning with the Friday evening Celebration of Life Concert at the Meeting House at 8:00pm, produced by John Thomas. Performers include Jon Arterton, Adam Berry, Paul Bisaccia, Judy Brubaker, Peter Donnelly, Susan Goldberg, Ben Griessmeyer, Billy Hough, Roxanne Layton, Zoë Lewis, Ken Lonergan, James Mack, Sylvie Richard, John Thomas, Bobby Wetherbee & other surprise guests.

The Swim for Life on Saturday will be held at the Boatslip, 161 Commercial Street, and includes the Mermaid Brunch, entertainment by Zoe Lewis and the awards ceremony. Local community radio station WOMR 92.1 FM ([womr.org](http://womr.org)) will once again broadcast the event live and online, and Provincetown Community TV will be on deck to record swimmers' stories.

Boater and kayak registration is on the Boatslip beach from 8:30-10:30am, with swimmer's on the deck from 9:00-10:00am. The Swim begins at Long Point at 10:30am, and the public is invited to greet the swimmers around 11:00am. All events are free and

open to the public including the Mermaid Brunch, which begins at noon. The awards ceremony will be held on the deck shortly after the last swimmer arrives on shore, approximately 1:00pm.

The Swim for Life would like to assure participants that swimmer and kayaker safety will continue to be the event's top priority, with our medical team and the Provincetown Rescue Squad on shore, and kayaks and safety boats on the water. In response to great white shark sightings off Cape Cod, [an additional pre-caution is being taken this year](#). On the morning of the event, two marine biologists with Provincetown Center for Coastal Studies will sweep the harbor for shark sightings aboard the research vessel *Ibis*. The US Coast Guard and the Provincetown Harbormaster will also have vessels in the harbor to assist in water safety. The USCG reports no shark sightings in Provincetown Harbor.

Top fundraisers will choose from dozens of prizes, including a week in a three bedroom townhouse in the heart of San Miguel, Mexico, two VIP passes to the Provincetown International Film Festival, a Locman "Mare" waterproof watch, two round trip tickets on Cape Air, Bruno gourmet coffee and gift certificates from restaurants, guest houses and shops.

Business sponsors include: Provincetown Banner, Paul Mitchell, Boatslip Resort, Far Land Provisions, White Porch Inn, Seamen's Bank, Lobster Pot Restaurant and Fanizzi's Restaurant. The event is also sponsored in part by the Provincetown Tourism Fund.

Swimmers may register the day of the event. Paddlers, security and transport boaters and volunteers are welcome. To make a donation, contact: Swim for Life, P.O. Box 819, Provincetown, MA 02657, 508-487-1930, email, [thecomact@comcast.net](mailto:thecomact@comcast.net), and at its website, [swim4life.org](http://swim4life.org).

Take the Plunge!